

Exhibit 2 (cont'd): Wellness/Disease Prevention Resources: Nutrition



This resource list contains references to Federal, State, and local government agencies as well as private organizations that offer information resources related to the nutrition objectives of HEALTHY PEOPLE 2000. Because many States have adopted their own year 2000 objectives, you may wish to contact your State health department for additional information.

Nutrition	Federal and National Information Sources	
<p>LEAD AGENCIES:</p> <p>Food and Drug Administration Office of Food Labeling Division of Technical Evaluation (HFS-165), 200 C Street, SW Washington, DC 20204 (202)205-5483</p> <p>National Institutes of Health Division of Nutrition Research Coordination National Institute of Diabetes and Digestive and Kidney Diseases Natcher Building, Room 5AN-32 45 Center Drive, MSC 6600 Bethesda, MD 20892-6600 (301)594-8822</p> <p>YEAR 2000 OBJECTIVES</p> <ul style="list-style-type: none"> ■ Reduce coronary heart disease deaths ■ Reverse the rise in cancer deaths ■ Reduce overweight prevalence ■ Reduce growth retardation ■ Reduce dietary fat intake ■ Increase complex carbohydrate and fiber-containing foods ■ Increase sound weight loss practices ■ Increase calcium intake ■ Decrease salt and sodium intake ■ Reduce iron deficiency ■ Increase breastfeeding ■ Decrease baby bottle tooth decay ■ Increase use of food labels ■ Achieve useful nutrition labeling ■ Increase availability of low-fat foods ■ Increase low-fat, low-calorie food choices ■ Increase school and child care menus consistent with the Dietary Guidelines ■ Increase home-delivered meals ■ Increase nutrition education in schools ■ Increase nutrition education and weight management programs at worksites ■ Increase nutrition assessment, counseling, and referrals ■ Reduce stroke deaths ■ Reduce colorectal cancer deaths ■ Reduce diabetes incidence/prevalence ■ Reduce prevalence of high blood cholesterol ■ Increase blood pressure screening ■ Reduce adult mean serum cholesterol 	<p>U.S. DEPARTMENT OF AGRICULTURE</p> <p>Food and Nutrition Information Center <i>National Agricultural Library</i> 10301 Baltimore Boulevard, Room 304 Beltsville, MD 20705 (301)504-5719; (301)504-6409 FAX Provides print and audiovisual materials for consumers and bibliographies and resource guides for professionals on topics in human nutrition. Call for electronic product information.</p> <p>Food and Consumer Service 3101 Park Center Drive Alexandria, VA 22302 (703)305-2276; (703)305-1117 FAX Administers the Special Supplemental Food Program for Women, Infants, and Children (WIC). Provides food, nutrition education, and health care referrals. Publications list available. Some titles available in Spanish and other languages. Orders should be placed through regional FCS/USDA offices.</p> <p>Food Safety and Inspection Service <i>Office of USDA Meat and Poultry Hotline</i> 14th and Independence Avenue, SW Room 2925 South Washington, DC 20205 (202)720-3333; (202)690-2859 FAX (800)535-4555 Meat/Poultry Hotline Administers the meat and poultry inspection program to ensure a safe, wholesome, and truthfully labeled product. Produces pamphlets and other educational materials on food safety, food poisoning, labeling, food additives, and the inspection program. Publications list available.</p> <p>Agricultural Research Service Survey Systems/Food Consumption Laboratory, USDA Center 4700 River Road, Mail Unit 83 Bethesda, MD 20837 (301)734-8450; (301)734-5496 Conducts applied research in food consumption, nutrition knowledge and attitudes, and food composition. Conducts the Continuing Survey of Food Intakes by Individuals, and the Diet-Health Knowledge Survey.</p>	<p>U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES</p> <p>Public Health Service</p> <p>Food and Drug Administration <i>Center for Food Safety and Applied Nutrition</i> 200 C Street, SW Washington, DC 20204 (202)205-5004; (202)401-3532 FAX (800)FDA-4010 FDA Seafood Hotline Regulates all food and cosmetic products other than meat and poultry. Responsible for food safety, nutrition, food labeling, and economic fraud. Provides educational information.</p> <p>Office of Consumer Affairs 5600 Fishers Lane (HFE-88) Rockville, MD 20857 (301)443-3170 Answers inquiries on food and cosmetics. Publications available on Federal regulations, drug development process, drug labeling, and pharmaceuticals.</p> <p>Health Resources and Services Administration <i>National Maternal and Child Health Clearinghouse</i> 8201 Greensboro Drive, Suite 600 McLean, VA 22102-3810 (703)821-8955, ext. 254 or 265 (703)821-2098 FAX</p> <p style="text-align: right;"><i>(continued on back)</i></p> <p style="text-align: center;">◆◆◆◆◆</p> <p>HEALTHY PEOPLE 2000 is a national initiative to improve the health of all Americans through prevention. It is driven by 300 specific national objectives targeted for achievement by the year 2000. HEALTHY PEOPLE 2000's overall goals are to: increase the span of healthy life, reduce health disparities among Americans, and achieve access to preventive services.</p> <p style="text-align: center;">◆◆◆◆◆</p>

National Maternal and Child Health Clearinghouse (continued)

Provides information on maternal and child health topics including nutrition. Distributes Federal programs directories, topical resource guides, and provides referrals.

Indian Health Service*Communications Office*

Parklawn Building, Room 6-35

5600 Fishers Lane

Rockville, MD 20857

(301)443-3593; (301)443-0507 FAX

Provides a comprehensive health services delivery system for American Indians and Alaska Natives. The system features many special programs, including nutrition. Gathers and publishes information about the health status of American Indians and Alaska Natives.

National Institutes of Health*National Cancer Institute**Cancer Information Service*

Building 31, Room 10A16

9000 Rockville Pike

Bethesda, MD 20892-3100

(800)4-CANCER; (301)402-2594 FAX

Provides a nationwide telephone service for the public and health care professionals, and disseminates publications. Spanish-speaking staff members are available.

NIDDK Weight Control Information Network (WIN)

7910 Woodmont Avenue, Suite 300

Bethesda, MD 20814

(301)951-1120; (301)951-1107 FAX

Provides support for the National Task Force on Prevention and Treatment of Obesity, develops fact sheets, disseminates information for consumers, and performs communication research through the Boston Obesity and Nutrition Research Center. For health messages, call (800)WIN-8098.

State and Local Sources

Look in your telephone directory for such listings as:

- State and local chapters of national organizations
- USDA Cooperative Extension Service
- State and local health departments
- Local libraries and hospitals

National Heart, Lung, and Blood Institute*Education Programs Information Center*

P.O. Box 30105

Bethesda, MD 20824-0105

(301)251-1222; (301)251-1223 FAX

Provides information on NHLBI education programs on high blood pressure, cholesterol, obesity, asthma, and heart attack. Offers information on cardiovascular disease prevention and heart-health promotion to consumers and professionals. Call for electronic product information.

Office of Minority Health Resource Center

P.O. Box 37337

Washington, DC 20013-7337

(800)444-6472; (301)589-0884 FAX

Responds to inquiries about major health problems among minority populations.

Assists in locating materials, programs, and technical assistance through an automated database.

NATIONAL SOURCES**American Association of Retired Persons**

601 E Street, NW

Washington, DC 20049

(202)434-2277; (202)434-2588 FAX

Offers national programs and materials for older people and sponsors community programs. Provides consumer education pamphlets on nutrition and the elderly.

American Cancer Society

1599 Clifton Road, NE

Atlanta, GA 30329

(800)ACS-2345

Distributes materials for consumers and professionals on the link between diet and cancer.

American Diabetes Association

1660 Duke Street

Alexandria, VA 22314

(800)232-3472; (703)549-1500

Provides information and services for consumers and professionals. Publications catalog available.

The American Dietetic Association

216 West Jackson Boulevard, Suite 800

Chicago, IL 60606-6995

(312)899-0040; (312)899-1758 FAX

Provides consumers and nutrition professionals with objective, credible food and nutrition information.

American Heart Association

7272 Greenville Avenue

Dallas, TX 75231-4599

(214)373-6300; (800)AHA-USA1

(214)706-1341 FAX

Sponsors research, community programs, and professional education on cardiovascular diseases and stroke. Catalog of materials available.

American School Food Service Association

1600 Duke Street, 7th Floor

Alexandria, VA 22314

(703)739-3900; (703)739-3915 FAX

(303)762-1144 FAX (Publications)

Federal Data Sources**Centers for Disease Control and Prevention****National Center for Health Statistics**

Healthy People 2000 Staff

6525 Belcrest Road, Room 770

Hyattsville, MD 20782

(301)436-3548

National Center for Chronic Disease Prevention and Health Promotion

4770 Buford Highway, NE

Mailstop K13

Atlanta, GA 30341-3724

(770)488-5080

Food and Drug Administration* Indian Health Service***National Institutes of Health*****U.S. Department of Agriculture***

*See information source listings

Promotes improvement in school food and nutrition programs. Distributes information on school food service and nutrition programs and child nutrition legislation. Call for electronic product information.

American School Health Association

7263 State Route 43

Kent, OH 44240

(216)678-1603; (216)678-4526 FAX

Promotes comprehensive school health programs. Provides referral services and distributes materials. Publications list available.

Center for Science in the Public Interest

1875 Connecticut Avenue, NW, Suite 300

Washington, DC 20009

(202)332-9110; (202)265-4954 FAX

Provides information about food, nutrition, the food industry, food safety, alcohol, and regulations. Publications list available.

National Academy of Sciences**Food and Nutrition Board**

2101 Constitution Avenue, NW

Washington, DC 20418

(202)334-1732; (202)334-2316 FAX

Advises public agencies on nutrition research, including food safety, food protection, meat and poultry inspections, and surveys of food additives. Publications list available.

**For General Information on HEALTHY PEOPLE 2000:**

Office of Disease Prevention and Health Promotion, U.S. Public Health Service, 330 C Street, SW, Room 2132, Washington, DC 20201; (202)205-8583.

For Healthy People 2000 Publications:

Please write to ODPHP National Health Information Center, P.O. Box 1133, Washington, DC 20013-1133.

Inclusion in this listing does not imply endorsement by the Public Health Service or the U.S. Department of Health and Human Services.

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